



# ORLEANS

Cardiopulmonary Group

Groupe Cardiopulmonaire d'Orléans

- Bring appropriate exercise clothing, running shoes, water bottle, and a towel.
- Light breakfast only
- Bring your mask and medications with you.
- You have been advised by your physician to:
  - Continue all medications
  - Hold the following medication(s) before the test:
    - \_\_\_\_\_ for \_\_\_ day(s)
    - \_\_\_\_\_ for \_\_\_ day(s)

Patient: \_\_\_\_\_

Information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Cardiology Consultation

- Dr. Roland Sabbagh
- Dr. Djilali Hanzal
- First available Cardio/Internist

### Respirology Consultation

- Dr. Mathieu Saint-Pierre

### Cardiovascular Internist (Hypertension/CKD/Diabetes)

- Dr. Carolyn Tharson
- URGENT

### Indication

- Chest pain
- Palpitations
- Syncope
- CV risk assessment
- Dyspnea
- Cough
- Abnormal imaging
- Other: \_\_\_\_\_

### Medications Held ?

- |         |                          |                          |
|---------|--------------------------|--------------------------|
| Digoxin | <input type="checkbox"/> | <input type="checkbox"/> |
| BB      | <input type="checkbox"/> | <input type="checkbox"/> |
| CCB     | <input type="checkbox"/> | <input type="checkbox"/> |

### Testing and Therapeutic Services

- ECG
- Exercise treadmill test
- Exercise Stress Echocardiogram
- Pharmacologic Stress Echocardiogram
- Echocardiogram
- Echocardiogram with lung ultrasound (dyspnea workup)
- 72 hour Holter
- 2 week Holter
- Ambulatory BP Monitor <sup>1</sup>
- Spirometry

<sup>1</sup> Note that the ABPM is not covered by OHIP

Referring MD: \_\_\_\_\_

Provider Number: \_\_\_\_\_

CC: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_



570 Lacolle Way, Ottawa, Ontario, K4A 0N9

Please send requisitions by FAX to: (613) 841-6770 – Referrals can be sent through OCEANS

Telephone (613) 699-3376

Website: OCPG.clinic